





December 2008/January 2009

The online newsletter for the California State Racquetball Association(CSRA) members....

Get tips...latest news....fun pics....upcoming events....player advice...etc...

www.CaliforniaRacquetball.org

Welcome to the California State Racquetball Association (CSRA) newsletter, an electronic publication produced quarterly (March, June, September, and December).

Our goal is to include articles with useful and timely information for the California Racquetball community. We want to provide you with valuable information so please let us know what you would like to read about and see in your Newsletter. For instance, do you have a club you think is terrific and would like to have highlighted? Do you have helpful hints you would like to let other players know about? Do you have a question for the Pro or coach? Send your questions and suggestions to Brian Dixon at Bri@Jupe.com....Enjoy!



A note from the Prez...

2008 was a good year for Racquetball in California, mostly due to the loyalty and participation of our solid player base. Successful tournaments thrived throughout the state including the return of the Classic Pros to the Bay Area(with players such as Cliff Swain, Woody Clouse, Gerry Price and Ruben

Gonzalez), a terrific WOR stop in Huntington Beach, and of course the hosting of the Junior Nationals in Concord at the Big C. In addition, a Military Federation was founded with the help of the CSRA and put on the first of hopefully many All Military Tournaments; the inaugural event was in San Diego. January of our new year starts off with a bang, as the first CPRT stop of the year will be held at the Big C in Concord.

As the newly elected President, I have very high hopes to engage our membership in meaningful activities, programs and **participation** which will significantly benefit the sport we love. We have developed a number of goals for 2009 and the ones which seem most important in the short term are:

1 To re-engage regions of the state by developing and implementing one day shoot outs which can also be used to create exciting regional competition and playoffs.

2 To bring the March state singles to Fresno so players from north and south can meet in central California for high level play and State honors. This event will be directed by John Ellis and Steve Cook.

3 To keep our membership well informed through at least monthly email information pieces and a quarterly Newsletter.

4 To work on getting web advertising and tournament sponsors in addition to donations to support our programs for juniors, collegiate, and other priorities. These options are found on our website (www.CaliforniaRacquetball.org) or by following these links: www.CaliforniaRacquetball.org/sponsor.htm and www.CaliforniaRacquetball.org/donations.htm

5 Promotion and growth of Junior Racquetball at the club and High School levels...

As of this newsletter writing, we have over 1,060 members. We cannot accomplish our goals without your help. I have asked for your input with many of you responding and now I'd like to ask for volunteers to help us achieve our stated goals and priorities for 2009. We could use your further input but also your participation on a committee to design and develop regional competition and help in working on meeting our sponsorship and donation goals. If you have an interest in either or both of these, please contact me at Larry@CaliforniaRacquetball.org

Most of all, have a healthy, happy and safe 2009! Larry Steiner CSRA President

Coaches Corner

The Concept of **Center Court**

Center court describes an area roughly from 1 to 3 feet behind the encroachment line and extending to about 4 feet from each of the side walls. This region,

"center court," may be altered slightly depending on the tendencies of the opponent. For example, if the opponent predominantly hits passing shots, then "center court" should be adjusted slightly towards the back wall. An opponent that hits mostly splats and pinches would require that center court be adjusted slightly towards the front wall. A common error in the perception of center court is that it is placed too far forward. By setting up too far forward, the player leaves himself vulnerable to an easy passing shot. There are very few splats and pinches that

bounce twice before the short line. By setting up at least slightly behind the encroachment line, these pinches and splats may be covered while still having the advantage of covering the passing shots.

The most efficient way to take control of center court is by putting the ball in either of the back corners. This will require the opponent to leave center court thus making it possible to move into correct position.

Putting the ball in a deep corner can be accomplished by solid down the line and cross court passes, precise ceiling balls, around the wall balls, and wide angle passes. A well placed serve will also put the opponent into a corner as well. Balls hit deep but in the middle of the court require the player to move to one side, thereby leaving the other side open for easy passing shots.

By using the back corners and thereby taking control of center court, the opponent is put at a disadvantage. He is now nearly 40 feet from the front wall. The player is in perfect defensive position. If the opponent attempts a low percentage offensive shot that is not executed perfectly, a pass, a "low zone" kill shot, a pinch or splat shot, the player will be in perfect position to make a high percentage rally-ending offensive shot. If the opponent attempts a defensive shot, then again, it must be perfectly executed or a high percentage offensive opportunity will result.

In summary, the theory of "Center Court" says that the opponent outside of center court will take low percentage shots, while the player controlling center court will take high percentage shots. Correct center court strategy and positioning gives the player both an offensive and a defensive advantage throughout the match.

Dave Ellis, Coach **USA** Racquetball

SoCal Report by **PeggineTellez**

IFORNIA

www.CaliforniaRacquetball.org

OUETBALL

We had an overwhelming turn out for the Pomona Valley Open held at Claremont this past November. Billed as a Tier 4 Pro Stop, this really brought out our great players in Southern



California but was enticing enough to draw some of our Northern players too. It was awesome to see several folks that had been missing from the racquetball scene. Chris Crowther earned his first place win over Greg Solis.

December is usually a quiet month in racquetball and this was one was no exception. Now that the holidays are behind us, we have several upcoming events to look forward

Starting with The Spectrum Club in Canoga Park, Debbie Tisinger and her loyal crew will be hosting a Tier 1 Pro Stop event. With 20 courts at her disposal, Debbie's tournaments bring out huge numbers of players. Building on an event system she implemented last year, players will be able to decide whether to play on Friday for Mixed Doubles, OCIATION

Saturday for Singles and or Sunday for Doubles. This seems to solve the problem of players not knowing when

their play times will happen. A Win-Win situation all around.

The following week The Spectrum Club will be home to the Women's Senior Masters Racquetball Associations (WSMRA) National Championships. Ladies from around the country will play in this Championship which moves from state to state each year. California seems like a nice change of weather in January to some of our colder wintertime states.

The IRT is back in California in February at the American Athletic Club. Last years event had almost 200 hundred attendees and with the Club under the new ownership of David Leon and his staff, American Athletic has undergone some appealing changes. David's club helped to host the first annual All Military National Racquetball Championship and the player's comments about the club were consistently

> positive. Hats off to all of the hard work David and his staff have done.



NorCal by Margaret **Pederson** Nor Cal VP

I wanted to wish everyone a very Happy New Year... Continued on page 4....

Team USA wins World Cup for first time in 7 years, led by California Juniors....

From December 15th through December 20th at Arizona State University (Tempe, AZ) players from 17 different countries gathered for the 20th IRF World Racquetball Championships. The last time the USA won the World Cup (age groups 18, 16 and 14) was in 2001. Mexico has captured the crown since. As finals arrived it looked to be down to these two countries once again, with the majority of most finals involving players from Mexico and/or USA.

As I wandered past the courts watching the play, I could not help but to think about how many familiar faces I was seeing. There were a total of 16 players from California playing in this event. Not all officially part of the national team and a few played for other countries. Of the USA national team roughly one third of the players were from California!! These players definitely made a significant impact on the final outcome...

The winners of the 18 and under division are considered the King and Queen of the event. OK, I made that up, but it feels that way. Last year our own Jose Rojas (of Stockton) won the 16 and under and finished second in the 18 and under at the Worlds. This year there was little competition for Jose on his way to win the World 18 and under championship. What may be scary for players across the World is that he has one more year of eligibility to play in the 18s! Just to get a feel of the significance of this win, some previous winners include: Ben Croft (2X), Jack Huczek (2X), Shane Vanderson, Josh Tucker, Rocky Carson (3X), Shane Wood, Jason Mannino and Sudsy Monchik (3X)...Not a bad crowd to be part of! Jose and partner also won Gold in the 18 doubles.

Jose's brother Markie won the 14 and under division last year. This year he had to face his friend and doubles partner from Stockton, Jose Diaz, in the finals. Markie and Jose played in the Nationals in the finals with Markie winning in two so Markie entered this match as the favorite. It was an exciting match, and someone forgot to tell Jose that he was not supposed to win. He pulled out the win in an exciting tie breaker. Jose and Markie then teamed up to win Gold in the 14 and under doubles.

On the girls side Aubrey O'Brien and Devon Pimentelli significantly contributed to the USA World Cup points. In singles, Aubrey lost a heartbreaker in a tie breaker in the semi finals of the 16 and unders. In doubles she teamed up with Danielle Key to win Gold. Devon had similar results in the 14 and unders. She lost in the semi finals in singles, but won Gold with teammate Courtney Chisholm in doubles.

I am not sure what the final total point difference between USA and Mexico was, but the above 5 players accounted for 143.5 of the total points for USA!

Other notable wins included Antonio Rojas (Jose and Markie's cousin) winning the 6 and under multi bounce. Also Bobby Sehrgosha and Sabrina Viscuso teaming up to win the 12 and under mixed doubles. Sabrina was also part of the 2nd place 12 and under girls team. Victoria Leon won a third place medal for the girls 8 and unders...

Other Californians playing not mentioned above: Samuel Barrera, Justin Ivers, Sawyer Lloyd (national team – esprit), Luis Lopez, Arantza Loredo, Jocelyn Loredo, and Rafael Morales.

For detailed results of all and pictures, go to the website – www.CaliforniaRacquetball.org

Congratualations to all, and California is proud of your contribution. On to Dominican Republic in 2009!!

Brian Dixon - Junior Director CSRA



2009 Women's Senior/Masters Racquetball National Championships Return to California

The 20th Annual WSMRA National Tournament will be held Jan 16-18, 2009 at <u>The Spectrum Club</u> in Canoga Park, CA. This is a round robin singles tournament for women with open divisions for all age groups 35 and up (5 year increments) and B/C divisions available in 10 year age groups (35+, 45+ and 55+). The club features 20 racquetball courts, indoor pool, whirlpools, and many amenities. The host hotel will be the <u>Radisson</u> (818-709-7054) on Topanga Canyon in Chatsworth, about 3 miles from the club and there will be shuttle service from the hotel to the club every hour during the tournament. "Fun doubles" will be offered on Thursday afternoon, January 15 at the Club.

This event is a fundraiser for *Breast Cancer Research* - contributions are voluntary. This is a good opportunity to check out the courts and play with friends for a good cause. As a bonus there will be lots of door prizes. Tournament check in will be Thursday evening. Play begins at 8 AM on Friday and runs until early afternoon on Sunday. There will be a special anniversary souvenir and other special surprises.

and runs until early afternoon on Sunday. There will be a special anniversary souvenir and other special surprises.

Enter online at www.R2sports.com or download the entry form at https://my.execpc.com/~tutsch/WSMRA/main.html



Continued from page 2—We are so very excited this year to begin hosting one day shootouts throughout the state. There are several reasons for this. Most importantly it is more feasible with the economy right now and we all could do with some stress relief. We need to up the Racquetball, watch our pocketbooks and stay healthy. We also see the need to affordably include the recreational players who now can try a one day event. I ask you to think about it, talk about it, try a one day shootout with a friend and let us know what you think. If you are an A player, play with a C player one time. Encourage them. I find the biggest reason our membership base has not grown is the fact the lower level players feel intimidated by the

higher level players. I ask that you please be kind, be thoughtful, and give just a little of your time. Only if it's but a few minutes on the court with someone. It may change that person's life forever. I believe that everything you do and not do is accounted for. So let's make it count!

This State has so much potential and yet we are so disconnected with each other. Especially the North and the South. You can Xerox a copy of this newsletter and leave them out at your club. Give back to the Sport that has given you so much. Talk to those kids, let them use your racquet, give them scorecards.

It all starts with you. We want to hear from you and we are now getting some really good emails and we thank you for that.

We also have a big surprise for all of you that we are brewing up. You guys have no idea how much we truly do care.

In NorCal we had some exciting events in 2008. It started with the highly successful Greater Sacramento Open in January. The annual Stuck in Lodi happened in February, and State Singles were hosted at Anastasias in Los Gatos. In April, The CPRT stopped in Concord with exciting play from some of the

best. The State Junior championships had a different venue in 2008 and were at Laguna Creek in Elk Grove. This was terrific as it lead to the Junior National championships held in Concord this past June. The Big C once again hosted the CPRT pros, this time for doubles only.

In 2009 we are looking forward to more exciting play starting with the CPRT stop in Concord at the Big C January 23-25. State Singles will be in Fresno this year for the battle of state supremacy...The annual Stuck in Lodi will be

happening in February once again and there will be another big event at the Big C in April...Keep your eyes on the website www.CaliforniaRacquetball.org for further updates.

Master Report by Mike Lippitt

December started off with the National Master's Double tournament

in Denver. Although the draw was a little less than

Calendar Upgrades:

Check out the calendar on the website..We have made some improvements...

- All sanctioned tournaments are posted in Sanctioned tournament section
- "Tentative" tournaments are now posted for scheduling etc...Limited info...
- Regional and National events now being posted..
- Local Play events (non sanctioned etc..)
- Juniors, Collegiates, Masters have their own sections
- More to come.....

expected, the venue was great and the play competitive and filled with good sportsmanship. Not many players from California attended but Harold Jagoda did the state proud by winning the combined 35-40 division playing with CPRT pro Woody Clouse.

In mid January (16-19) the 20th Annual Women's Senior/Masters Racquetball tourney will be held in Canoga Park at the Spectrum Club. Of course registration is available through our website at www.CaliforniaRacquetball.org. This is the premier Senior Women's event of the year.

The Classic Professional Racquetball Tour

(www.classicproracquetball.com)

will be returning the Big C in
Concord from January 23-25 for the
epic battle between the likes of Cliff
Swain, Gerry Price, Ruben Gonzalez
and Woody Clouse along with
recent CPRT US Open winner
Jimmy Lowe from Hawaii and

other major forces in the 40's singles division. Of course there will be a very large amateur draw for singles and doubles. Again, registration is available on the state website.

On a personal note, I've sent out a couple emails to encourage Master level players over 60 to sign up for both singles and doubles at the Concord Classic. We already have two teams signed up for doubles and it is still early. If appropriate, I hope you'll consider playing in this division as it is getting more difficult to keep that age division viable. If you have any questions regarding any of this information, please feel free to contact me at mlippitt@att.net



www.CaliforniaRacquetball.org

E-Book for Racquetball

Looking for a little refresher on the game or want to share with someone who has been away from the game for a while? Gene pare of Anastasia's in Los Gatos has put together a free E-Book you can download and reference. You can get it at:

http://www.acflg.com/reg_racquet.html

Junior Racquetball by Brian Dixon

Worlds—As written earlier in this newsletter, California Juniors represented (as the kids say) at the World Junior Championships. It was a thrilling event to attend, seeing all the

familiar faces and many new ones. Have to admit that my 6 years of Saturday morning German school did not payoff at this event! I was there as a coach for Sawyer Lloyd as well as anyone else that would listen. I was also there to see all the California kids play, and well it was just great to be a spectator. There were some amazing matches and ASU is a terrific venue...

States—We have calendared this years State
Juniors to happen May 2nd and 3rd at Club Sport
Pleasanton. This will be run by the CSRA Board
along with Elaine Dexter, Ken Stone, Ninja and the
crew at CS Pleasanton. Great facility and there will
be a lot of play for all. Mark your calendars and
plan to attend this event. Check the website for
more info..

Nationals—The Junior National Championships will be taking place in Lansing, Michigan this year

Club Spotlight - Laguna Creek, Elk Grove exhibition Swain Vs Mannino

December 23, 2008

Good Day Racquetball Family, For those of you that made it to this years Spirit Of Giving tournament we appreciate your support and hope you had a good time at what was considered a "scaled down" version of our event. Next year promises to be HUGE and full of surprises. I'm sure by now most if not all of you have received information about the pro exhibition between the legendary Cliff Swain and Jason Mannino scheduled for February 25, 2009 at Laguna Creek Racquet Club. If you've seen the flyer you'll notice that it states that we must receive the monies needed to make this event fly by 1/25/09. To this date we have received no less than 50 people who have said "I will be there for sure" but have only received payment from a few! We're sure that the money will start pouring in but we are concerned that we won't get what's needed if we don't keep our communication up to par.

In the meantime I am sorry to bombard you with this information just 2 days before Christmas, but the matter is somewhat urgent. At this point we are now looking for anyone who is interested in helping to sponsor this event. We are looking for a handful of \$200 sponsor spots. What that will include is the following: 2 front row tickets to the event Free entry into the

2009 "Spirit of Giving" Tournament Special mention of sponsors during pre game announcements Play the Pro after event with photography Autographed and framed 8"x10" portrait of sponsor and the pros Commemorative sponsor's badge and lanyard.

If there are any interested parties in this sponsorship opportunity please get in contact with Markus Bowden – Bowdini@comcast.net or Quentin Pittman – Racquetball.pitt@yahoo.com

Beyond that, we really need your support for this event to happen. This is an event that comes once in a lifetime. Please remember that these two individuals are the Michael Jordan's and Tiger Woods' of OUR GAME – racquetball! I know it's Christmas so the timing to ask for funds couldn't be worse, but again, we need to have the funds in place by 1/25/09 for the event to happen. Please get your money in early. We promise to make this an event to remember! I hope that your holidays are happy and healthy.

Respectfully, Markus Bowden



June 24-28. California players were a little spoiled in 2008 with the Nationals held in Concord and then the Worlds in Arizona. A little more travel this year with Nationals in Michigan and the Worlds in Dominican Republic. May be a good time to start doing the car washes and bake sales now!

One Days—We are looking for clubs throughout the state to hold one day sanctioned junior shootouts. This is a great way to get juniors involved as many families

have trouble committing to a whole weekend. The Board has agreed to a discounted fee of \$50 (normally \$100) for a one day sanctioned junior event. The sanctioning has many benefits, one that the juniors especially like is earning ranking points. The kids love to see where they are in their state. Of course you get balls, score cards, R2 computer system, online

marketing, etc...Let us know if

you set it up.

you are interested and we can help

Junior Tip—Seems like just about every player loves to hit that photo op pinch. Problem is, unless it is perfect it can usually be a set up for your opponent. Juniors, especially love to go for this shot...A good exercise/drill...The Pass Only game. Players play a game where the only shot selection can be pass shots (or a ceiling if appropriate). If they hit a pinch, a bad pass (hitting the wall on down the line etc.), or a ceiling when not appropriate (from Center Court) they lose the point or the serve. The more this game is played the more the players see the effectiveness of the passing game.

Programs—Do you have a Junior program you want to tell everyone about? Let me know and we can do a little write up... Brian at Bri@Jupe.com

Patriot Outreach

Ektelon

The Official Ball

of

CSRA

RACQUETBALLS

If you haven't had a chance recently to go to the CSRA website and check out the article about the All Military National Championships held at the Naval Base in San Diego, you should. It was an incredibly awesome and meaningful experience.

Many thanks to Steven Harper, Hank Marcus and Peggine Tellez who made this possible.

Without their

support, Patriot Outreach would not have happened. The CSRA and the USAR proudly sponsors and endorses The "Coping

> Strategies" CD which is amazingly helping thousands of military men and women suffer from "Post Traumatic Stress Syndrome."

Colonel Monaco

also must be
acknowledged and
thanked for his help and
attention in helping to
implement this and in
trusting me. It was truly
and honor and most
humbling experience.
Nearly 300 CD's were given
out and I met the most wonderful
military men and women from all over

I also wish to thank each and every Board member who voted on accepting Patriot Outreach. This experience has changed my life and so much

the world.

good was done. Again I thank you from the very bottom of my heart.

For further information please go to www.PatriotOutreach.Org

Margaret Pederson Nor Cal VP



Club of the Month.....Renaissance, Club Sport

2805 Jones Road Walnut Creek. Ca 94597 925-938-8700

You have to come see this club to see just how beautiful it truly is. Renaissance Club Sport is attached to the four star Marriot Hotel. The club opened in 2002 and is the first of it's kind.

We have a 85,000 square foot sports and fitness center. Five group exercise studios, three swimming pools, bocce ball, and the state of the art R SPA, pro shop and the C BLue Restaurant and Bar.

In February 2008, we hosted the Junior Nationals as the overflow club which was very successful.

We have three racquetball and squash courts. We offer weekly Adult Racquetball Clinics, Weekly Junior Classes, Adult and junior private lessons, challenge ladder, seasonal junior rb camps. One day shootouts and socials are scheduled on a regular basis.

Anyone wanting to check out the club and play some great racquetball contact me at anytime or with any questions that you may have. We are encouraging more one day shootouts and mixers with other clubs so let's hook up.

Margaret Pederson mpederson@seaofglass.us



USAR dues increase....

You may have heard that the USAR standard membership annual dues are going up from \$35 to \$50. Current and new members have until February 1 to signup or renew at existing rates.

The CSRA Board understands that this does not

come at a great time. We also understand that the USAR is doing this as the need has arisen for additional funds needed to fully support the growth of this sport.

As a California resident, your membership in USAR also gives you membership in CSRA

(California State Racquetball Association) and the benefits that come along with that. The CSRA is partly funded by a percent of membership dues. This allows us to support and promote sanctioned tournaments as well as maintain our website and continue to give the California players updated information on Racquetball activity in the state.

If you want to sign up or renew before the increase, you can go to your state website www.CaliforniaRacquetball.org or to the national site at www.USARacquetball.com

Upcoming Events:

FORNIA

As always you can check out your website at www.CaliforniaRacquetball.org to see all the information on the upcoming events listed. The big one to mark your calendars for is the California State **QUETBALL** Singles Championships. These will be SOCIATION held in March hosted at two clubs in

Fresno. The tournament will be www.CaliforniaRacquetball.org directed by John Ellis and Steve Cook and is anticipated to be a

> battle for state pride. Mark your calendar and plan to attend this great event:

* January 08–11, 2009: 2009 California Open **Spectrum Club**

Continued on page 9....

Collegiate News...

WCRC 2008 / 2009

Our next tourney is Sat. Feb. 7, 2009 @ UC Davis http://www.WCRCRacquetball.org



The WCRC Fall 2008 tourney at San Jose State University had a great turnout with new schools - Fresno State, Monterey Bay State, De Anza Community College, Cal Poly San Luis Obispo, Ventura Community College



WCRC players in Southern California played in the <u>Annual Pomona Valley Open PRO/AM</u>. This was a TIER 4 IRT PRO STOP and an excellent opportunity to see pro level racquetball.

Participants in the Western Collegiate Racquetball Conference include ...

Cal Poly San Luis Obispo	Orange Coast Community	Stanford
Claremont Consortium	Monterey Bay State	UC Berkeley
CSU East Bay	Riverside CC	UC Davis
CSU Fullerton	San Bernardino	UC Irvine
CSU Long Beach	San Diego Mesa	UC Santa Cruz
CSU Sacramento	San Diego State University	UCLA
De Anza CC	San Joaquin Delta College	USC
Fresno State	San Jose State University	Ventura CC
Golden West College		

[&]quot;Any" full time college student can participate in the WCRC tournaments - no need to have a formal team, and some schools have just one or two players. Our tournaments have different skill level divisions, so players of all skill levels are welcome, and win or lose you will play at least three matches. Read more about the WCRC and get contact information at: http://www.WCRCRacquetball.org

* January 16–19, 2009: 2009 WSMRA National Championships 20th Annual Women's Senior/Masters Racquetball Spectrum Club * January 23–25, 2009: CPRT Concord Classic The Big C Athletic Club

* One Day Shootout Renaissance ClubSport, Walnut Creek, CA Saturday February 7th, 2009 9:00 a.m. - 9:00 p.m. \$25.00 per player, parking included

- * February 27–March 01, 2009: Stuck in Lodi Twin Arbors Athletic Club
- * February 27–March 01, 2009: San Diego Open American Athletic Club
- * March 06–08, 2009: Merced Spring Open Millennium Sports Club

*** March 20–22, 2009: CSRA State Singles Championships

- Run by John Ellis and Steve Cook with CSRA Board

Two venues:

Sierra Sport and Racquet Club (formerly known as Dan Gamels) 4774 North Blackstone Fresno, CA 93726 (559) 227-8405

Centerpoint Athletic Club 3003 North Maroa Fresno, CA 93704 (559) 225-3250

* April 09–11, 2009: Concord Classic Big C Athletic Club

CSRA Board of Directors

President **Larry Steiner** SoCal VP **Peggine Tellez Margaret Pederson** NorCal VP Treasurer **Jack Hughes** Mike Lippitt Secretary **Juniors/Newsletter Brian Dixon** Collegiate Liaison **Del Villanueva** Director at-large **George Tellez** Director at-large **Merijean Kelley**

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Have a Funny Racquetball picture? Send it in....



Any good advice for fellow Players? Send it in...

Send to Brian Dixon... Bri@Jupe.com

Share the newsletter... forward it...send thends to website... print it and post at your club

The CSRA Website

www.CaliforniaRacquetball.org

Do you see the address above? Write this down. Memorize it. Add it to your favorites. Forward to your friends. Visit it on a regular basis for up to date news and information on what is happening with California Racquetball...

- Check out upcoming events
- Access online information and entries
- Check out pics of your friends from different tournaments
- Check out up to date rankings
- Improve your game with tips from the experts
- Access the CSRA newsletter
- Get California club information
- Check out Junior news and events
- Read tournament results
- Join USAR/CSRA
- What is the mission of CSRA?
- Check what is up with California Collegiates
- What are the Benefits of membership?
- What are the Benefits of sanctioning?

Benefits of joining the USAR/CSRA include:

- subscription to RACQUETBALL magazine (with news, tutorials, and the official rules of play)
- eligible to participate in CSRA and USAR tournaments
- official ranking in the state and national rankings
- Secondary accident insurance coverage during sanctioned events

Other membership benefits and programs:

- American professional Racquetball Organization (AMPRO)
- National instructor and referee certification programs
- Coaching development
- High school and collegiate programs
- Junior athlete development
- Scholarship programs
- U.S. National Team and Junior Team USA
- Discount of 15% at Choice hotels
- Discount on Enterprise car rentals
- Discount on United Airlines flights

Join today at USAR.org or at www.CaliforniaRacquetball.org